

**Amendments to the Specification**

Replace the paragraph beginning on page 4 line 3 with the following:

In the expanded mode the chamber is pressurized to fill the chamber to a working volume. In an expanded profile of the filled chamber, the diaphragm 104 is ~~taunt~~ taut to support the load and allow transmission of low frequency vibration through the fluid isolator assembly 102 and pressure chamber 106. In the embodiment described, the system or apparatus can be designed to provide only a low natural frequency for the fluid damping system or spring which provides similar sprint rates in both horizontal and vertical directions and provides a higher frequency viscoelastic damping for vibration bypassing chamber 106 by traveling on the ~~taunt~~ taut surface of the diaphragm.